



FIGHTIN' SEAHORSE ATHLETICS

THE AVERY COONLEY SCHOOL



2010-2011 Athletics Guidelines

From the Parent-Student Handbook

Everyone who wishes to participate on an Avery Coonley School athletic team may do so. There are no cuts made on the basis of talent. However, playing time during scheduled contests is based on the following:

1. Demonstrated ability in a given sport;
2. Ability to learn a comprehensive system; and
3. Practice attendance.

If a student is suspended or absent on a day when a game is scheduled, he/she will be ineligible to participate. If a student misses a scheduled practice for disciplinary reasons (suspension or expulsion), he/she will not start and/or may lose playing time in the next scheduled game. Additionally,

1. Participants must actively take part in daily P.E. classes, or they cannot participate in athletic practice or in a scheduled game.
2. Participants are to be present at all scheduled practices. Practices are held every "non-game" day except for Fridays. Unexcused absences result in the loss of playing time. Repeated unexcused absences result in expulsion from the team. *See the note below for the Wednesday practice exemption.
3. Participants should arrange to be picked up from school when practice is over (by 5:30). If his/her ride is not at school, he/she must report to the After-school Program, and the family will be billed for time spent in the program.
4. Participants are to provide the necessary equipment for the sport as determined by the Athletic Department.
5. Participants are to ride the bus to away games. If a player has other transportation home from an away contest, he/she must inform the coach in advance and must also check out with the coach before leaving. All players/participants leaving an away athletic event with someone other than their parent or guardian must have written permission from their parent or guardian.
6. Participants are expected to uphold the ACS Standards of Behavior and conduct themselves in an appropriate manner at all times. Any participant who is unable to do this will face disciplinary action. First offense - loss of playing time; second offense - loss of playing time for an entire game and meeting with parents; and third offense - dropped from team and meeting with parents. See the Parent/Student Handbook (page 21) for specific guidelines for players and spectators.

Additional notes

Times: Practices for all sports are held from 3:45-5:15 unless otherwise noted. Game times for volleyball and basketball are 4:00 for the junior varsity and 5:00 for the varsity. Game times for soccer are 4:00 for the varsity and 5:00 for the junior varsity. Track & Field meet times are specific to each individual meet and will be communicated in advance of the meet.

*Wednesday Practice Exemption: Practices will be held on Wednesdays and will focus on individual skill development. Athletes are strongly encouraged to attend but are excused for Science Olympiad, Math Counts, Yearbook Club, Religious Education classes, music lessons, outside sport practices, etc. **Athletes must report an absence ahead of time.**

Playing time is guaranteed in all regular season games (assuming the student/athlete meets the above criteria). There is no guarantee of playing time during any post-season tournament. The coaching staff reserves the right to make decisions that they feel are best for the team during the post-season!

Athletes must be able to commit to every day during tournament week, no exceptions!

Athletes must report all absences (including Wednesday's) ahead of time (with the exception of an excused absence due to illness). If he/she fails to do so, he/she will not be eligible to play the next game.

Fees: There is a \$35 transportation fee, but there is no cost to play.

Please arrange for sports physicals to be taken prior to the start of the season!
Athletes must have a current sports physical on file prior to the first competition.
Athletes without a current physical on file will not be allowed to compete!